

Curriculum Vitae

Christian Gaden Jensen

Administrerende direktør
Fonden Mental Sundhed

+45 28 72 80 20
cgj@fondenmentalsundhed.dk
www.fondenmentalsundhed.dk



Ansættelser

- 2020- CEO, *Fonden for Mental Sundhed*, stiftet i samarbejde med Velliv Foreningen
- 2019-20 Adjunkt (2019) og lektor (2020) i Sundhedspsykologi, Institut for Psykologi, Københavns Universitet
- 2016-19 Postdoc i Sundhedspsykologi, Københavns Universitet.
- 2015 - Ledende klinisk underviser for > 80 psykologer i offentlige stressklinikker i 10 danske kommuner.
- 2014 -20 Grundlægger og direktør: Center for Psykisk Sundhedsfremme
- 2014-15 Forskningsmedarbejder, Cognitive Neuroscience Research Unit, Aarhus Universitetshospital
- 2010-15 Psykolog, forskningsmedarbejder, Ph.d., stip., Neurobiologisk Forskningsenhed, Rigshospitalet
- 2008-10 Forskningsassistent og stipendiat, Neurobiologisk Forskningsenhed, Københavns Universitetshospital.
- 2006-15 Forskningsassistent, kandidatstipendiat, Center for Humanistisk Sundhedsforskning, Københavns Universitet.
- 2006-15 Forskningsassistent, Center for Research on Consciousness and Anomalous Psychology, Lunds Universitet.

Uddannelse

- 2015 Ph.d.-grad, Neurobiologisk Forskningsenhed, Rigshospitalet, Københavns Universitet.
- 2010 Psykolog, cand.psych., Københavns Universitet. Speciale om mindfulness og fem intentionelle tests.
Karakter: 12/A. Evaluering: "This thesis must be judged to be of outstanding quality".
- 2011 Certificeret meditationsinstruktør og instruktørtræner ved BHI-instituttet, Harvard University.
- 2003-07 Bachelor (180 ECTS) i Psykologi, Institut for Psykologi, Københavns Universitet.
- 2000-02 Bachelorstudier (105 ECTS), Institut for Filosofi og Retorik, Københavns Universitet.

Publikationer

Peer-reviewede publikationer (udvalg)

1. Meland, A., Hoebeke, E., Pensgaard, A.M., Fonne, V, Wagstaff, A., & **Jensen, C.G.** (*in press*). Being a part of a team: Exploring mindfulness as a facilitator of increased fellowship in a military aviation unit. (*European Journal of Aviation Psychology*)
2. Hjordt, L.V., Ozenne, B., ... **Jensen, C.G.** ... & Stenbæk, D. S (*in press*). Psychometric Properties of the Verbal Affective Memory Test-26 (VAMT-26) and Evaluation of Affective Bias in Major Depressive Disorder. *Frontiers in Psychology - Quantitative Psychology and Measurement*
3. Lansner, J., **Jensen, C.G.**, Petersen, A., Fischer, P., Frokjaer, V., Vangkilde, S., & Knudsen, G.M. (2019). The utility of employing accuracy-based behavioral measures, when conducting psychopharmacological research *Journal of Vision, 19 (10)*, 279c. doi: 10.1167/19.10.279c
4. Lansner, J., **Jensen, C.G.**, Vangkilde, S., Fischer, P., Frokjaer, V., & Knudsen, G.M. (2019). Fluoxetine improves the perceptual threshold – a double blind, placebo-controlled randomized controlled trial. *Psychopharmacology, 236 (6)*, 1759-1769, doi: 10.1007/s00213-018-5158-3.
5. * **Jensen, C.G.**, Krogh, S., Westphael, G.W., & Hjorth, L.V. (2018). Mindfulness Is Positively Related to Socioeconomic Status But Does Independently Predict Mental Health. Danish Validation Studies of The Five-Factor Mindfulness Questionnaire. *Psychological Assessment* Advance online publication. <http://dx.doi.org/10.1037/pas0000667>
6. Hjordt, L.V. Stenbæk, D.S., Madsen, K.S., McMahon, B., **Jensen, C.G.**, Vestergaard, M. Hageman, I., Meder, M., Hasselbalch, S. G., & Knudsen, G.M. (2017). State-dependent alterations in inhibitory control and identification of emotional faces in seasonal affective disorder. *Journal of Abnormal Psychology, 26(3)*, 291-300
7. Elsass, P., Ronnestad, M., **Jensen, C.G.**, Lhundup, K., & Puntsok, T. (2017). Warmth and Challenge as Common Factors among Eastern and Western Counselors: Buddhist Lamas' Responses to Western Questionnaires. *Nordic Psychology, 21(2)*, 59-72.
8. * **Jensen, C.G.** & Holde, L.V.A. (2016). Er mere meditation relateret til større behandlingseffekter? Empirisk baserede anbefalinger til en mere kontekstuel meditationsforskning og interventionspraksis. *Psyke & Logos 37(1)*, 55-81.
9. **Jensen, C.G.**, Nicklasen, J., Petersen, A., Vangkilde, S., & Hasselbalch, S.G. (2016). General Inattentiveness is a Long-term Reliable Trait Independently Predictive of Psychological Health: Danish Validation Studies of Mindfulness Attention Awareness Scale, *Psychological Assessment, 28(5)*:e70-87. doi: 10.1037/pas0000196
10. * **Jensen, C.G.**, Lansner, J., Petersen, A., Vangkilde, S., Ringkøbing, S.P., Frokjaer, V.G., Adamsen, D., Knudsen, G.M., Denninger, J.W., & Hasselbalch, S.G. (2015). Open and Calm - a randomized Controlled trial evaluating a public stress reduction program in Denmark. *BMC Public Health, 16*;15:1245
11. * **Jensen, C.G.**, Stenbæk D.S., Hansen, L.H., Andersen, E., Lansner, J., Hageman, I., Dam, H., Nielsen, A. P., Knudsen, G.M., Froekjaer, V., & Hasselbalch, S. (2016). Development and psychometric validation of the verbal affective memory test. *Memory, 24 (9)*, 1208-1223.

12. Cardena, E., Reijman, S., Wimmelman, C., & **Jensen, C.G.** (2015). *Psychological health, trauma, dissociation, and absorption among Danish spiritual practitioners. Psychology of Consciousness: Theory, Research, and Practice, 2*(2), 170-184.
13. Fisher, P., Haahr, M.E., Holst, K., **Jensen, C.G.**, Froekjaer, V., Siebner, H. R., & Knudsen, G.M. (2015). Fluctuations in [¹¹C]SB207145 PET binding associated with change in threat-related amygdala reactivity in humans, *Neuropsychopharmacology, 40*(6):1510-8.
14. * **Jensen, C.G.**, Elsass, P., Neustrup, L., Bihal, T., Flyger, H., Kay, S.M., Khan, S., Jensen, S.S., Pedersen, A., & Würtzen, H. (2014). What to listen for in the first consultation. Breast cancer patients' own focus on talking about psychological coping predicts psychological distress and depression. *Journal of Patient Education & Counseling, 97* (2) 165-172.
12. Danelund, J.R., Bihal, T., Flyger, H., Kay, S. M., Khan, S., **Jensen, C.G.**, Jensen, S.S., Johansen, C., Neustrup, L., Pedersen, A., & Würtzen, H. (2014). What works for whom in mindfulness? An quantitative and qualitative comparison A linguistic study of self-presentations. *Journal of Religion and Science, 61*, 74 – 88.
15. Stenbæk, D.S., **Jensen, C.G.**, Holst, K.K., Mortensen, E.L., Knudsen, G.M., & Frokjaer, V.G. (2013) Does Harm Avoidance mediate effects of recollected parental bonding on mental distress in adulthood? *Comprehensive Psychiatry, 55*(4), 1007-14.
16. Haahr, M.E., Fisher, P.M., **Jensen, C.G.**, Frokjaer, V.G., Mc Mahon, B., Madsen, K., Baaré, W.F.C., Lehel, S., Norremolle, A., Rabiner, E.A., & Knudsen, G.M. (2013). Central 5-HT₄ receptor binding as biomarker of serotonergic tonus in humans: a [¹¹C]SB207145 PET study. *Molecular Psychiatry, 19*(4):427-32.
17. Allen, M., Smallwood, J., Christensen, J., Gram, D., Rasmussen, B., Christensen, J., **Jensen, C.G.**, Roepstorff, A., & Lutz, A. (2013). The balanced mind: the variability of task-unrelated thoughts predicts error-monitoring. *Frontiers in Human Neuroscience, 7*: 743f; doi:10.3389/fnhum.2013.00743
18. Haahr, M., Fisher, P., Holst, K., Madsen, K., **Jensen, C.G.**, Marner, L., Szabols, L., Knudsen, G., & Hasselbalch, S. (2013). The 5-HT₄ receptor levels in hippocampus correlates inversely with memory test performance in humans. *Human Brain Mapping, 34*(11):3066-74. doi: 10.1002/hbm.22123.
19. * **Jensen, C.G.**, Vangkilde, S., Frokjaer, V., & Hasselbalch, S.G. (2012): MBSR Affects Attention – Or Is It Attentional Effort? *Journal of Experimental Psychology – General, 141*(1), 106 - 123.
20. Parker, A., & **Jensen, C.G.** (2012). Further Possible Physiological Connectedness Between Identical Twins: The London Study. *Explore - The Journal of Science and Healing.*
21. **Jensen, C.G.** & Parker, A. (2012). Entangled In The Womb? - A Pilot Study on the Possible Physiological Connectedness Between Identical Twins with Different Embryonic Backgrounds. *EXPLORE, - The Journal of Science and Healing, 8*(6), 339-347.
22. **Jensen, C.G.**, & Cardena, E. (2009): A controlled, long-distance test of a professional medium. *European Journal of Parapsychology 24*(1), 53-67.

Forskningsbaserede evalueringsrapporter

1. **Jensen, C.G.**, & Thomsen, S.T.S. (2020) Evalueringsrapport. Åben og Rolig i Mariagerfjord Kommune. Resultater fra 2018-2019. Center for Psykisk Sundhedsfremme.
2. **Jensen, C.G.**, Damgaard, K., Berggren, T.K.L., & Petersen, F.F. (2019). Evalueringsrapport. Åben og Rolig i Skanderborg Kommune. Resultater fra de første 4 borgerhold. København: Center for Psykisk Sundhedsfremme.
3. **Jensen, C.G.**, Krogh, S.C., Holde, L.A.V., & Elsass, P. (2019). *Evalueringsrapport: Åben og Rolig – Minimal kontakt terapi-projektet i Aalborg og Københavns Kommune 2015-2017*. Center for Psykisk Sundhedsfremme.
4. **Jensen, C.G.**, Cordes, K., Hjordt, L., & Tybjerg-Jeppesen, A. (2019). Forskningsrapport – *Åben og Rolig* som stressbehandling i Topdanmark Livsforsikring 2018 – 2019. Center for Psykisk Sundhedsfremme.
5. Krogh, S. C. & **Jensen, C.G.** (2018). Evalueringsrapport – Pilotprojekt af Stressforløbet Åben og Rolig på Det Humanistiske Fakultet, Aalborg Universitet. Center for Psykisk Sundhedsfremme.
6. **Jensen, C. G.** (2017). *Langtidseffekter af Åben og Rolig for Unge - En 7 måneders followup-undersøgelse*. København: Center for Psykisk Sundhedsfremme.
7. Krogh, S. C. & **Jensen, C.G.** (2017). Evalueringsrapport – Evalueringsrapport for Stressforløbet Åben og Rolig i Aalborg Kommune 2017. Copenhagen: Center for Psykisk Sundhedsfremme.
8. **Jensen, C.G.**, Hansen, A.V. & Andersen, M.A. (2017). *Har kommunale stressbehandlingstilbud udviklet sig de sidste 10 år? En stikprøveundersøgelse af 33 danske kommuner*. Center for Psykisk Sundhedsfremme.
9. **Jensen, C.G.** (2017). *Åben og Rolig for Unge: Evalueringsrapport*. Copenhagen: Center for Psykisk Sundhedsfremme.
10. **Jensen, C.G.**, & Svanholm, A. (2017). Evalueringsrapport 2016 – Kvantitative effektmålinger af *Åben og Rolig* til stressramte borgere i Københavns Kommunes Stressklinikker og Sammenligninger med Tidligere Evalueringer. Center for Psykisk Sundhedsfremme
11. **Jensen, C.G.** & Westphael, G. (2016). Evalueringsrapport 2016 – Kvantitative effektmålinger af *Åben og Rolig* til stressramte borgere i Aalborg Kommunes Center for Mental Sundhed. København: Center for Psykisk Sundhedsfremme.
12. **Jensen, C.G.** (2016). *Evaluation report. The MindAct-Abbvie Project 2015-2016*. Independent research report on a 1-year comprehensive mindfulness-based program for corporate businesses in collaboration with MindAct Norway, Abbvie-Oslo, and Abbvie-Copenhagen.
13. **Jensen, C.G.** (2015). Evalueringsrapport. *Pilotåret 2015. Etablering af Stressforløbet Åben og Rolig i Københavns Kommunes Forebyggelsescentre*. (udgivet af Københavns Kommune, marts 2016.)
14. **Jensen, C.G.** (2015). Evalueringsrapport. *Pilotåret 2015. Etablering af Stressforløbet Åben og Rolig i Aalborg Kommunes Center for Stressforebyggelse*.

15. **Jensen, C.G.** (2014). *Evaluation report on Corporate-Based Mindfulness-Training at the Department of Economics, University of Copenhagen.*
16. **Jensen, C.G.** (2013). *Evaluation report on Corporate-Based Mindfulness-Training at the Center for Hjernesgade, University of Copenhagen.*
17. **Jensen, C.G.** (2013). *Evaluation report on Corporate-Based Mindfulness-Training at Statens Center for Kompetenceudvikling.*

Konferenceevalueringer (udvalg)

1. Ladegaard, Y.K., Andersen, M.F., & **Jensen, C.G.** (2020). *Evalueringsrapport om Stressbehandlingskonferencen 2020.* Center for Psykisk Sundhedsfremme, Department of Psychology, University of Copenhagen and The National Research Centre for Work Environment.
2. Ladegaard, Y.K., Andersen, M.F., & **Jensen, C.G.** (2019). *Evalueringsrapport om Stressbehandlingskonferencen 2019.* Center for Psykisk Sundhedsfremme, Department of Psychology, University of Copenhagen and The National Research Centre for Work Environment.
3. Ladegaard, Y.K., Andersen, M.F., & **Jensen, C.G.** (2018). *Evalueringsrapport om Stressbehandlingskonferencen 2018.* Center for Psykisk Sundhedsfremme, Department of Psychology, University of Copenhagen and The National Research Centre for Work Environment.
4. Ladegaard, Y.K., Andersen, M.F., & **Jensen, C.G.** (2017). *Evalueringsrapport om Stressbehandlingskonferencen 2017.* Center for Psykisk Sundhedsfremme, Department of Psychology, University of Copenhagen and The National Research Centre for Work Environment.
5. Ladegaard, Y.K. & **Jensen, C.G.** (2016). *Evalueringsrapport om Stressbehandlingskonferencen 2016.* Center for Psykisk Sundhedsfremme, Department of Psychology, *University of Copenhagen.*
6. **Jensen, C.G.** (2007): The 2006 Annual Parapsychological Association Convention: A Review. *The Paranormal Review*, 41, 3-7.

Forskningsbaserede bøger, kapitler og essays (udvalg)

1. **Jensen, C.G.** (2018). *Research-based Stress Clinics. The Open and Calm Method and its Results. Almanakken*, 102-128. Copenhagen: University of Copenhagen.
2. **Jensen, C.G.** (2012-16). *Open and Calm (Åben og Rolig)*, 1st-5th ed. Cph: Strandberg Publishing.
3. Krippner, S., Friedman, H. (eds), & **Jensen, C.G.** (co-editor) (2010). "*Mysterious Minds vol.I: The Neurobiology of Psychics, Mediums, and other Extraordinary People*". Greenwood-Praeger Press, USA.
4. Krippner, S., Friedman H. (eds), & **Jensen C.G.** (co-editor) (2010). *Mysterious Minds vol.II: Debating psychic experiences.* Greenwood-Praeger Press, USA.
5. **Jensen, C.G.** (2008). Mindfulness på Hjernen. Bogsektion i: Mandrup, C. (2008): *Mindfulness i*

Hverdagen. København: Politikens Forlag. *Book Chapter on Mindfulness and Neuroscience*.

6. **Jensen, C.G.** (2010). *Genet der påvirker dine stressreaktioner*. Artikel i *Illustreret Videnskab*. Article on the stress-related aspects of the SCL6A4-gene.
7. **Jensen, C.G.** (2009). Book Review. *Neuroanatomy*. 'Neuroanatomi'. *Indput, Department of Psychology, University of Copenhagen*.
8. **Jensen, C.G.** (2008). Book review. *Neurobiology and The Free Will – A Critical Reading of the Philosophy of Mind by John R. Searle*. (Neurobiologi og den frie vilje – en kritisk læsning af John R. Searles bevidsthedsfilosofi). *Psykolog Nyt* (10), 20-21.
9. **Jensen, C.G.** (2008). Sommer-effekten: Global opvarmning øger menneskets voldelige tendenser. *Weekendavisen*, (41), 51. Newspaper article on mental aspects of global warming.
10. **Jensen, C.G.** (2007). *Parapsychology – For what it's worth*. Scientific essay awarded with the R. R. Coly Prize, PA Foundation, New York, US.
11. **Jensen, C.G.** (2006). Book Review: *Subjectivity and Science. Consciousness Research in the 21st Century* (Subjektivitet og Videnskab: Bevidsthedsforskning i det 21. Århundrede.). Zahavi, D. & Christensen, G. (eds.). Roskilde Universitetsforlag. *Indput, University of Copenhagen*.

Medlemskaber i ekspertpaneler og fagfællepaneler om forskning

Videnskabelig reviewer for en række videnskabelige tidsskrifter og tidligere assisterende redaktør.

- *Review work: ACTA Psychiatrica Scandinavica; Frontiers in Psychology – Cognition; Psychiatry Research; Mindfulness; Nordic Psychology; Explore: The Journal of Science and Healing; Psychological Assessment.*
- *Expert panels: Academics Expert Panel on Work Environment (Akademikernes Ekspertpanel); The Stress Alliance (Stressalliancen); several think-tanks and steering groups on municipal stress treatment, university study environment, and test validation and development.*
- *Assistant Editor: Journal of Transpersonal Psychology (2015-2017)*
- *Board member: International Journal of Clinical Research and Trials (2017-2018)*